

Mastick Senior Center Thrift Shop

The Mastick Senior Center Thrift Shop, operated by the Mastick Senior Center Advisory Board (MSCAB), is open to the PUBLIC on Tuesday and Saturday from 10:00 a.m. to 2:00 p.m. and offers an affordable shopping experience for the community.

The Thrift Shop gladly accepts donations that are clean and in good condition. Items include: clothing (men, women, and children), purses, hats, shoes, jewelry, books, craft supplies, small working appliances, lamps, kitchenware and holiday decorations. We encourage you to visit the Thrift Shop and ensure there is something for everyone!

ARTS AND CRAFTS CLASSES

Card Making & Stamping
Ceramics
Drawing & Painting
Knitting & Crochet
Needlecraft
Quilting
Sewing
Stained Glass



EDUCATIONAL CLASSES

Bay Area Issues and Places
Book Club
Computer Instruction
Computer Lab
Consumer Education (HOT TOPICS!)
Conversational French
Conversational German
Conversational Italian
Conversational Spanish
Cultural Events
Current Events
Music Appreciation

RECREATIONAL CLASSES & ACTIVITIES

Billiards	Movie Matinee
Bridge	Pesticide Free Garden
Canasta	Pilate's
Dominoes	Pinochle
Fitness	Shuffle Board
Hawaiian Dance	Square Dance
Library	Tai Chi
Line Dance	Western Line Dance
Little Bingo	Wii
Mah-Jongg	

HEALTH

Alzheimer's Caregiver Support Group
Blood Pressure Check
Dental Consultation
Noon Meal Program
Podiatric Consultation

SPECIAL EVENTS

Annual Open House
Day and Extended Trips
Holiday Sing-Along
Dances
Monthly Birthday Celebration
Post-Thanksgiving Breakfast
Pre-Thanksgiving Dinner
Thrift Shop Fashion Show & Spring Luncheon
Volunteer Recognition Luncheon

...AND MORE

AARP Monthly Meetings
Brown Bag Distribution Site-(Food Program)
East Bay Retired Teachers Monthly Meeting
Health Insurance Counseling & Advocacy Program
Income Tax Assistance Program
Legal Assistance for Seniors
Mastick Senior Center Advisory Board Meeting
Notary Service

New Member Orientation

The New Member Orientation is a must if you are new to Alameda, recently retired, contemplating participating in center activities, or expecting your parents for an extended visit! The New Member Orientation offers a guided-tour which introduces you to the Center, an information packet outlining the various activities, programs, and services, and an invitation to enjoy a complimentary lunch prepared by Bay Area Community Services (BACS)! Make a reservation to join us on the following dates September 8, October 13, November 10, December 8, January 12 and February 9 at 10:30 a.m., by stopping by the office or calling 747-7506. **We are looking forward to meeting you!**

VISIT OUR WEB SITE AT: <http://www.cityofalamedaca.gov/recreation/>